



CATHEDRAL NEWSLETTER

JULY 2021

The 175th Anniversary of the Church of Ceylon



THE CATHEDRAL OF CHRIST THE LIVING SAVIOUR

368, Bauddhaloka Mawatha, Colombo 7

MESSAGE FROM THE VICAR OF THE CATHEDRAL

My dear Friends in Christ,

Greetings to you in the name of Jesus Christ our Saviour!

Church: As the Church struggles to find its way through these uncertain times, health and safety protocols issued by the health authorities have resulted in places of worship being shut for community gatherings.

The Cathedral however remains open for anyone who wishes to come and spend time in silence and private prayer.

The focus of our attention has been helping people who are caught up in the current crisis to cope with the challenges they have to face, while retaining our identity as a faith community.

In this regard, I would like to suggest that we not look at making big and spectacular interventions but look for the gaps and try to fill those gaps that we may discover. We will then realize that most of these gaps are within our capacity from an intervention point of view. This will require some form of need awareness and becoming aware of needs on the ground is always possible when there is engagement. Some element of observation has revealed that there are a considerable number of children who are having connectivity issues for their online education because parents are unable to meet the cost required for data. There are also some who lack devices due to limited access or no access to devices. Daily wage earners are faced with tremendous difficulties as most of them have been out of work for some time or work has not been regular.

Simple acts of generosity and gestures of encouragement are sure signs of light, hope and life in the midst of the present turmoil and uncertainty that prevails.

Nation: Since my last pastoral letter to you, we seem to have slipped further into a very unhealthy situation. The cry of the farmers who sweat and toil to ensure that we have food on our tables, the subtle silencing of dissenting voices, poor financial management, ill informed decisions, the immense hardships faced by a majority of the school children in the country due to the acute shortage of basic facilities and resources for children to have an uninterrupted education in these times, leaders not being in touch with reality making decisions intent on survival and with vested interest is not going to take us forward as a nation.

These are just the tip of the iceberg! The other issues with geo-political implications and implications related to national security continue to fester without being part of the public discourse.

Therefore people need to brace themselves for difficult and uncertain times ahead as desperation may drive people to do irrational things.

Our leaders must learn to respect the dignity of the citizens of the country.

Life in the Cathedral:

Annual General Meeting: Preparations are being made for the Annual General Meeting of the Worshipping Community to be held on the 1st of August 2021. The agenda for this meeting has been posted on the Cathedral notice board and shared electronically. The audited statements of accounts together with the minutes of the last Annual General Meeting are available and can be collected from the Cathedral office from Monday – Friday between 9am – 4.30pm after the 12th of July 2021. The Worshipping Community will also be informed if this meeting will take place in person or online as that decision will depend on the health regulations being enforced at that time.

Notice to Worshipping Community – Live Stream: Community worship continues to take place online and I am extremely grateful to those who help in these preparations, especially with the technical arrangements required. I am also grateful to the Pastoral Care team of the Cathedral for their fullest support and assistance at all times.

Support for the Cathedral: I also wish to commend to your generous support the ongoing work that takes place even though Community Worship is not permitted to physically take place.

The bank details of the Cathedral can be shared with you should you wish to extend support through an online bank transaction.

Please call the Cathedral office, speak to me or send us an email with the details you need to info@cathedral.lk

Pastoral Care: The Clergy of the Cathedral Pastoral Care team remains committed to assist should you have a reason for any form of Pastoral care, assistance and intervention.

Take Care, Stay Safe, think Positive and test negative!

Thanking You,
With Prayers and Blessings
Yours Sincerely,



Ven. Perry Brohier
Vicar

What to expect when getting a vaccine



1. Medical professionals will advise on whether or not you should receive the vaccine.



2. A health worker will administer the vaccine.



3. You may need to wait for a few minutes before leaving to ensure there are no unexpected reactions.

Source: World Health Organisation

SOLAR ENERGY IN OUR HOMES

Solar energy is the natural source of energy from solar power absorbed through panels. There are many benefits of having solar energy in our homes.

Each kilowatt hour of solar energy generated will substantially reduce gas emissions like carbon dioxide as well as other dangerous pollutants, such as sulfur dioxide, nitrogen dioxide and particulate matter.

If you personally want to get solar power, then a rooftop system may be the best choice. But in this modern world, most people live in apartment complexes or community living, which may not be suitable for installing solar panels. In such instances you may go into community solar projects, which are also becoming very popular, allowing the ordinary consumers to be the power purchase agreement customer.

Solar energy doesn't require anything else apart from the panels to work and produce energy. Maintenance and energy production costs are practically zero. The initial cost for solar energy production is the cost of manufacture and installation of the components which is a large investment. Since there are no additional running costs associated with its use, this investment is recovered quickly.

The home electricity bill will be reduced drastically and there is no maintenance cost at the start. Solar power offers massive monthly savings by effectively reducing your electricity bills using a process called net metering. Net metering is a billing system used to credit owners of solar energy systems for the electricity they contribute to the grid. Essentially, a solar power system continually creates electricity during daylight, usually causing a surplus of energy, leading to your unused, extra electricity being delivered to the power grid. These systems provide long term value for home owners and they are expected to last an average of 25 to 30 years which is a long period to recover costs and go beyond.

- *Cathedral Green Committee*

LECTIONARY - JULY 2021

Date: 4th July 2021 – Proper 9th Sunday in Ordinary Time | Church of Ceylon Sunday
Theme: “The Church Sent out to Preach the Good News”

Old Testament Reading	2 Samuel 5: 1 – 5, 9 - 10
Psalm	48
New Testament Reading	2 Corinthians 12: 2 - 10
Gospel	St. Mark 6: 1 - 13

Date: 11th June 2021 – Proper 10th Sunday in Ordinary Time | Sea & Air Farers Sunday
Theme: “The Consequences of Boldly Declaring the Truth”

Old Testament Reading	2 Samuel 6: 1 – 5, 12b - 19
Psalm	24
New Testament Reading	Ephesians 1: 3 - 14
Gospel	St. Mark 6: 14 - 29

Date: 18th July 2021 – Proper 11th Sunday in Ordinary Time
Theme: “Shepherdless Sheep Recognise the Shepherd”

Old Testament Reading	2 Samuel 7: 1 – 14a
Psalm	89: 9 - 20
New Testament Reading	Ephesians 2: 11 - 22
Gospel	St. Mark 6: 30 -34, 53 - 56

Date: 25th July 2021 – Proper 12th Sunday in Ordinary Time
Theme: “Signs for the Hungry”

Old Testament Reading	2 Samuel 11: 1 - 15
Psalm	14
New Testament Reading	Ephesians 3: 14 - 21
Gospel	St. Mark 6: 1 -21

HOLY DAYS AND FESTIVALS

3 rd July	Declaration of Faith by St. Thomas Apostles Day
8 th July	Church of Ceylon Day
20 th July	Feast of St. Margret
22 nd July	Feast of Mary Magdalene
25 th July	Feast of St. James the Great, Apostle and Martyr
29 th July	Mary, Martha & Lazarus Companions of our Lord



PREPARE YOUR MIND AND HEART. ASK FOR THE PRESENCE OF THE HOLY SPIRIT.



DON'T USE "FANCY" WORDS. BE SINCERE AND SPONTANEOUS.



LOOK FOR A SUITABLE PLACE TO PRAY.



CONCENTRATION REQUIRES DISCIPLINE: TRAIN YOURSELF TO CONCENTRATE.

8 KEYS TO PRAYER



THE QUALITY OF YOUR PRAYER IS IMPORTANT, EVEN IF IT'S SHORT.



PRAY FREQUENTLY SO YOU GAIN THE HABIT OF RECOLLECTION.



SEEK FOR SILENCE, BOTH INTERIOR AND EXTERIOR.



DISTRACTIONS ARE INEVITABLE. IGNORE THEM.

HOLY EUCHARIST SERVICE TIMES

08.30am – English (Live Stream)

- As we are unable to gather for worship in accordance with health guidelines in place, the 8.30am English service will be live streamed, the link for which will be shared during the course of the week.

CONTACT DETAILS

Cathedral Pastoral Care Team

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	Mobile	Landline	
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Cathedral Office

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Cathedral Prayer Circle

- A Prayer Circle is now operational as a WhatsApp group. If you wish to join, please send your name and mobile number to 077 726 0862

Website: www.cathedral.lk

Social Media: <https://www.facebook.com/CathedralCMB/>

~ Compiled and edited by the Cathedral Media Team ~